

Dear students, graduates, lecturers, and employees of educational institutions!

We would like to invite you to participate in an important study aimed at identifying and understanding the experience of sexual harassment in Latvian higher education institutions. This survey is being conducted by the Ombudsman of the Republic of Latvia in collaboration with researchers from Berg Research and the Latvian Students' Association, covering all Latvian higher education institutions.

We believe that each one of you has an important role to play in creating a safe and respectful learning environment where the rights and dignity of every individual are respected. This survey gives you the opportunity to share your experiences and opinions so that together we can create a better and safer academic environment for all. Your involvement will help to develop more effective rules of conduct and reporting mechanisms, as well as to strengthen support systems for those who may have been victims of sexual harassment.

The research survey will include questions on how you define sexual harassment, its prevalence, and its impact on your academic life. **The questionnaire is available in both English and Latvian and will take approximately 5 to 15 minutes to complete.** We guarantee the anonymity of the participants, the confidentiality of the answers, and the data will be analysed only in aggregate form. You can find out more about data protection and data processing here:)

We appreciate your time and commitment to this study. Your answers will contribute to a safer and more supportive higher education environment.

Please fill in the questionnaire by September 23rd to make your voice heard.

In case of technical questions, you can contact the researcher Jelena Vorobjova (tel. 29590064, jelena.vorobjova@bergresearch.lv).

Special thanks to you for your participation in the study from the Ombudsman's Office of the Republic of Latvia (you can find the official letter here:)

If you are ready to participate and share your experience, please click - NEXT.

Thank you for your support and active involvement!

Sincerely, the Ombudsman's Office of the Republic of Latvia, the Latvian Students' Association, and the Berg Research team

First, provide general information about yourself and your higher education institution.

D1. Please mark who you are:

- 1) Latvian student (studies in Latvia)
- 2) Foreign student (studies in Latvia)
- 3) Graduate of Latvian higher education institution
- 4) General staff member of a Latvian higher education institution
- 5) Academic staff member of a Latvian higher education institution
- 6) Foreign guest lecturer
- 7) None of the above mentioned => **END SURVEY**

Filter question only for STUDENTS! => D1. = 1, 2, 3

D1.1. Have you studied for at least one year during the last 3 years?

- 1) Yes
- 2) No => **END SURVEY**

D2. Your age:

Please, enter _____

D3. Your gender:

- 1) Female
- 2) Male
- 3) Other
- 4) I don't want to disclose

D4. What is your sexual orientation?

- 1) Heterosexual
- 2) Homosexual
- 3) Bisexual
- 4) Other
- 5) Do not wish to answer

D5. Please mark the institution where you are currently studying/working (the institution to which you devote most of your time): Only one answer!

If you are a graduate, please indicate the institution you graduated from (within the last three years)!

- 1) "HOTEL SCHOOL" Hotel Business College
- 2) BA School of Business and Finance
- 3) Buiness University " Turība"
- 4) "RISEBA" University of Applied Sciences
- 5) Daugavpils University

- 6) Daugavpils University Daugavpils Medical College
- 7) European Christian Academy
- 8) EKA University of Applied Sciences
- 9) ISMA University of Applied Sciences
- 10) Jāzeps Vītols Latvian Academy of Music
- 11) Jēkabpils Agribusiness College
- 12) College of Law
- 13) Latvia University of Life Sciences and Technologies
- 14) Latvian Maritime Academy
- 15) Latvian Academy of Culture
- 16) Latvian Academy of Culture Latvian College of Culture
- 17) Art Academy of Latvia
- 18) National Defence Academy of Latvia
- 19) Latvian Academy of Sport Education (Consolidated into RSU)
- 20) University of Latvia
- 21) Riga First Medical College of the University of Latvia
- 22) P.Stradins Medical College of the University of Latvia
- 23) Riga Medical College of the University of Latvia
- 24) Liepaja University (Consolidated into RTU)

- 25) Malnava College
- 26) Luther Academy
- 27) Novikontas Maritime College
- 28) Rezekne Academy of Technologies
- 29) Riga Aeronautical Institute
- 30) Riga Building College
- 31) Stockholm School of Economics in Riga
- 32) Riga Stradins University
- 33) Red Cross Medical College of Rīga Stradiņš University
- 34) Riga Technical College
- 35) Riga Technical University
- 36) RTU Liepāja Marine College
- 37) RTU Olaine College of Technology
- 38) Alberta College
- 39) Baltic International Academy
- 40) College of Business Administration
- 41) The College of Accountancy and Finance
- 42) Riga graduate school of law
- 43) Riga Management College
- 44) The International College of Cosmetology
- 45) The Social Integration State Agency
- 46) Transport and Telecommunication Institute
- 47) Fire Safety and Civil Protection College
- 48) State Police College of Latvia
- 49) State Border Guard College
- 50) Ventspils University of Applied Sciences
- 51) Vidzeme University of Applied Sciences
- 52) Other (please specify which) _____

D6. Please mark the main field of science you studied/worked in (which field of science you devote most of your time): Only one answer!

If you are a graduate, please indicate the field of science you have graduated from (within the last three years)!

- 1) **Natural sciences** (mathematics, computer and information science, physics and astronomy, chemistry, earth sciences, physical geography and environmental sciences, biology, other natural sciences)
- 2) **Engineering and technology** (construction and transport engineering, electrical engineering, electronics, information and communication technologies, mechanical engineering and mechanics, chemical engineering, material science, medical engineering, environmental engineering and energy, nanotechnology, environmental biotechnology, industrial biotechnology, other engineering and technology, including food and beverage technology)
- 3) **Medicine and health sciences** (basic medical sciences, including pharmacy, clinical medicine, health and sports sciences, medical biotechnology, other medical and health sciences, including forensic medicine)
- 4) **Agricultural, forestry and veterinary sciences** (agricultural and fisheries sciences, forestry, animal and dairy science, veterinary medical science, agricultural biotechnology, other agricultural, forestry and veterinary sciences)
- 5) **Social sciences** (psychology, economics and entrepreneurship, educational sciences, sociology and social work, law, political science, social and economic geography, media and communication, other social sciences including interdisciplinary social sciences and military sciences)
- 6) **Humanitarian sciences** (history and archaeology, linguistics and literary studies, philosophy, ethics and religion, music, visual arts and architecture, other humanitarian and art sciences, including creative industries)

D7 – D11 ask if D1 = 1, 2, 3 (students)

D7. Please mark the level of the study programme you are currently studying:

- 3) First-level studies at college
- 4) Bachelor level / 1st level studies
- 5) Master's level
- 6) PhD
- 7) Medical studies
- 8) Residency

D8 ask if D1 = 3, then go to D10

D8. Please mark which level of education you studied in the last three years?

(mark the highest level if you studied in several levels)

- 1) College first level studies
- 2) Bachelor's level
- 3) Master's level
- 4) Doctorate
- 5) Medical studies
- 6) Residency => go to D10

D9. Please mark which academic year you are currently studying in:

- 1) First

- 2) Second
- 3) Third
- 4) Fourth
- 5) Fifth (for medical students)
- 6) Sixth (for medical students)

D10. Please mark the type of study programme:

Multiple answers are possible!

- 1) Full-time in-person studies
- 2) Part-time in-person studies
- 3) Part-time remote studies
- 4) Other (Please specify) _____

D11. Please mark where you live/lived during your studies:

- 1) In dormitories
- 2) Alone in a household
- 3) In a household with other students / friends
- 4) With parents/ with family
- 5) Other (please specify) _____

ALL RESPONDENTS ANSWER

Understanding about sexual harassment

Q1.1. Please evaluate whether these acts can be considered sexual harassment, i.e. conduct of a sexual nature that is unwanted by one of the involved parties, for example: student and student, student and faculty member, student and employee of the educational institution.

Verbal

| | Can | Can't | Difficult to say |
|--|-----|-------|------------------|
| Inappropriate and suggestive remarks on sexual topics | 1 | 2 | 8 |
| Offers or propositions of a sexual nature such as dating | 1 | 2 | 8 |
| Unwanted offers or propositions of a sexual nature such as dating | 1 | 2 | 8 |
| Suggestive remarks about body parts such as breasts, buttocks, or other body parts | 1 | 2 | 8 |
| Suggestive compliments about appearance, clothing, or physical features | 1 | 2 | 8 |
| Compliments about appearance, clothing, or physical characteristics | 1 | 2 | 8 |
| Intrusive questions or remarks about personal relationships, sexual orientation or sex life | 1 | 2 | 8 |
| Innuendo about sexual activity or violence to force behavior or actions against one's will | 1 | 2 | 8 |
| Hints to disclose personal information or images to coerce sexual activity or to comply with demands | 1 | 2 | 8 |

| | | | |
|---|---|---|---|
| Manipulation in relation to academic progress or loss of other benefits in exchange for sexual actions | 1 | 2 | 8 |
| Spreading rumours about someone's sex life | 1 | 2 | 8 |
| Sending unsolicited messages of a sexual nature on social networks, forums, chat rooms, or other digital channels | 1 | 2 | 8 |
| Unwanted jokes and comments of sexual nature | 1 | 2 | 8 |

Q1.2. Now consider the following actions, evaluate whether they can be considered sexual harassment, i.e. conduct of a sexual nature that is unwanted by one of the involved parties, for example: student and student, student and faculty member, student and employee of the educational institution.

Non-verbal

| | Can | Can't | Difficult to say |
|--|-----|-------|------------------|
| Prolonged and intrusive stares that have caused you discomfort | 1 | 2 | 8 |
| Inappropriate and suggestive body movements that indicate sexual interest | 1 | 2 | 8 |
| Being made to watch inappropriate images or videos against my will | 1 | 2 | 8 |
| Nudity or exposure of body parts to other people without their consent | 1 | 2 | 8 |
| Prolonged and unwanted stalking or observation causing discomfort or fear | 1 | 2 | 8 |
| Leaving notes or drawings of a sexual nature in public or private places with the intent to offend/humiliate a particular person | 1 | 2 | 8 |
| Small physical distance (which feels uncomfortable) even though an appropriate physical distance is possible | 1 | 2 | 8 |
| Unwanted sending of images or videos of a sexual nature via digital means such as email or social networks | 1 | 2 | 8 |
| Sending unwanted emojis, putting them on social media | 1 | 2 | 8 |

Q1.3. And whether these acts can be considered sexual harassment, i.e. conduct of a sexual nature that is unwanted by one of the involved parties, for example: student and student, student and faculty member, student and employee of the educational institution.

Physical

| | Can | Can't | Difficult to say |
|---|-----|-------|------------------|
| Unwanted physical contact, such as touching, caressing or other physical interactions without consent | 1 | 2 | 8 |
| Forced or unwanted hugging of a sexual nature | 1 | 2 | 8 |

| | Can | Can't | Difficult to say |
|---|-----|-------|------------------|
| Unwanted kisses on the cheek, lips or other parts of the body | 1 | 2 | 8 |
| Forced attempt to engage in sexual activity without consent | 1 | 2 | 8 |
| Forced sexual intercourse without mutual consent | 1 | 2 | 8 |

Assessment of risk groups

Q2. Please rate the extent to which you agree that those belonging to the following groups are more at risk of sexual harassment in an academic environment:

| | | Agree | Rather agree | Rather disagree | Disagree | Difficult to say |
|----|---|-------|--------------|-----------------|----------|------------------|
| 1 | Female | 1 | 2 | 3 | 4 | 8 |
| 2 | Male | 1 | 2 | 3 | 4 | 8 |
| 3 | International student | 1 | 2 | 3 | 4 | 8 |
| 4 | Student with a different skin colour | 1 | 2 | 3 | | 8 |
| 5 | Student from the LGBTQ+ community | 1 | 2 | 3 | 4 | 8 |
| 6 | Student from a socially disadvantaged environment | 1 | 2 | 3 | 4 | 8 |
| 7 | Student with a disability | 1 | 2 | 3 | 4 | 8 |
| 8 | Student who is overweight | 1 | 2 | 3 | 4 | 8 |
| 9 | Senior student | 1 | 2 | 3 | 4 | 8 |
| 10 | First year student | 1 | 2 | 3 | 4 | 8 |
| 11 | Religious minority | 1 | 2 | 3 | 4 | 8 |
| 12 | Members of informal subcultures (goths, hipsters, etc.) | 1 | 2 | 3 | 4 | 8 |
| 13 | The visual appearance of the student is not in line with gender stereotypes/ generally accepted norms | 1 | 2 | 3 | 4 | 8 |

NOW, PLEASE THINK ABOUT YOUR LAST 3 YEARS IN AN ACADEMIC ENVIRONMENT (PLEASE, IN YOUR ANSWERS BELOW, THINK ONLY ABOUT THE HIGHER EDUCATION INSTITUTION WHERE YOU SPEND MOST OF YOUR TIME).

Experience of sexual harassment

Q3.1. Please indicate how often have you experienced any of the actions listed below in your educational institution during the last 3 years?

| | Once | Several times | Never | Difficult to say |
|--|------|---------------|-------|------------------|
| | | | | |

| | | | | |
|---|---|---|---|---|
| Unwanted touching, hugging, or kissing | 1 | 2 | 3 | 8 |
| Inappropriate looks or stares that made you feel intimidated | 1 | 2 | 3 | 8 |
| Sexually suggestive comments or jokes that offended you | 1 | 2 | 3 | 8 |
| Someone sent or showed you sexually explicit pictures, photographs, or sent gifts that offended you | 1 | 2 | 3 | 8 |
| Inappropriate invitations to dates | 1 | 2 | 3 | 8 |
| Insistent questions about your private life, sexual orientation that offended you | 1 | 2 | 3 | 8 |
| Insistent comments about your physical appearance that offended you | 1 | 2 | 3 | 8 |
| Unwanted sexually explicit emails, text messages, or other electronic messages that offended you | 1 | 2 | 3 | 8 |
| Inappropriate intrusive offers on social media such as Facebook or in online chat rooms | 1 | 2 | 3 | 8 |
| Someone unwantedly exposed themselves in front of you | 1 | 2 | 3 | 8 |
| Someone made you watch or look at pornographic material against your will | 1 | 2 | 3 | 8 |
| Manipulation in the context of gaining/losing academic progress or other advantages, including in the professional field, in exchange for sexual activity | 1 | 2 | 3 | 8 |
| Forcing sexual intercourse even though you have repeatedly indicated that you do not want to | 1 | 2 | 3 | 8 |

Progr.: if Q3.1 all answers = 3, 8 => then to Q27

Progr.: show only answers from Q3.1 = 1, 2,

Q3.2. Please mark who was involved in the activities listed below that you have encountered at the educational institution during the last 3 years:

| | One person | Group of several persons | Different persons | Different groups of people | Difficult to say |
|--|------------|--------------------------|-------------------|----------------------------|------------------|
| Unwanted touching, hugging or kissing | 1 | 2 | 3 | 4 | 8 |
| Inappropriate looks or stares that made you feel intimidated | 1 | 2 | 3 | 4 | 8 |
| Sexually suggestive comments or jokes that offended you | 1 | 2 | 3 | 4 | 8 |

| | | | | | |
|---|---|---|---|---|---|
| Someone sent or showed you sexually explicit pictures, photographs, or sent gifts that offended you | 1 | 2 | 3 | 4 | 8 |
| Inappropriate invitations to dates | 1 | 2 | 3 | 4 | 8 |
| Insistent questions about your private life, sexual orientation that offended you | 1 | 2 | 3 | 4 | 8 |
| Insistent comments about your physical appearance that offended you | 1 | 2 | 3 | 4 | 8 |
| Unwanted sexually explicit emails, text messages, or other electronic messages that offended you | 1 | 2 | 3 | 4 | 8 |
| Inappropriate intrusive offers on social media such as Facebook or in online chat rooms | 1 | 2 | 3 | 4 | 8 |
| Someone unwantingly exposed themselves in front of you | 1 | 2 | 3 | 4 | 8 |
| Someone made you watch or look at pornographic material against your will | 1 | 2 | 3 | 4 | 8 |
| Manipulation in the context of gaining/losing academic progress or other advantages, including in the professional field, in exchange for sexual activity | 1 | 2 | 3 | 4 | 8 |
| Forcing sexual intercourse even though you have repeatedly indicated that you do not want to | 1 | 2 | 3 | 4 | 8 |

Progr.: show only Q3.1. = 1, 2

Q3.3. Please mark your most uncomfortable experience? Only one answer!

| | |
|---|---|
| Unwanted touching, hugging or kissing | 1 |
| Inappropriate looks or stares that made you feel intimidated | 2 |
| Sexually suggestive comments or jokes that offended you | 3 |
| Someone sent or showed you sexually explicit pictures, photographs, or sent gifts that offended you | 4 |
| Inappropriate invitations to dates | 5 |
| Insistent questions about your private life, sexual orientation that offended you | 6 |

| | |
|---|----|
| Insistent comments about your physical appearance that offended you | 7 |
| Unwanted sexually explicit emails, text messages or other electronic messages that offended you | 8 |
| Inappropriate intrusive offers on social media such as Facebook or in online chat rooms | 9 |
| Someone unwantedly exposed themselves in front of you | 10 |
| Someone made you watch or look at pornographic material against your will | 11 |
| Manipulation in the context of gaining/losing academic progress or other advantages, including in the professional field, in exchange for sexual activity | 12 |
| Forcing sexual intercourse even though you have repeatedly indicated that you do not want to | 13 |

IF YOU HAVE EXPERIENCED MULTIPLE INCIDENTS OF SEXUAL HARASSMENT IN AN ACADEMIC ENVIRONMENT IN THE LAST 3 YEARS, PLEASE ANSWER THE FOLLOWING QUESTIONS ONLY ABOUT THE SINGLE MOST UNCOMFORTABLE EXPERIENCE.

Q4. Was the abuser:

| | |
|------------------|---|
| Male | 1 |
| Males | 2 |
| Female | 3 |
| Females | 4 |
| Both genders | 5 |
| Difficult to say | 8 |

Q5. Mark, who harassed you? Multiple answers are possible!

| | |
|------------------------|---|
| A student | 1 |
| Professor or lecturer | 2 |
| Administrative staff | 3 |
| Internship supervisor | 4 |
| Other (Please specify) | 5 |
| Difficult to say | 8 |

Q6. Did the harassment take place alone or in the presence of witnesses (other than the perpetrator(s))?

| | |
|------------------------------|---|
| Alone | 1 |
| In the presence of witnesses | 2 |
| Difficult to say | 8 |

Q7. Mark, where did the harassment take place? Multiple answers are possible!

| | |
|--|---|
| In the lecture hall | 1 |
| In the library | 2 |
| In the dormitories | 3 |
| On the premises of the educational institution outside the buildings | 4 |
| At the internship of the educational institution | 5 |
| At an event organised by the educational institution | 6 |
| At an event organised by the students | 7 |
| In a club, café, bar (harasser was someone from the educational institution environment) | 8 |

| | |
|--|----|
| In the apartment/ home/ dormitory of the abuser or his/her acquaintances (harraser was someone from the educational institution environment) | 9 |
| Other (Please specify) | 10 |
| Difficult to say | 99 |

Q8. How long ago did this type of harassment/unwanted behavior happen?

| | |
|-------------------------|---|
| In the last 6 months | 1 |
| In the last year | 2 |
| In the last two years | 3 |
| More than two years ago | 4 |
| Difficult to say | 8 |

Q.9. ask if D1 = 1, 2, 3 (students)

Q9. Please mark when this harassment happened/started?

| | |
|--|----|
| First year (Bachelor/1st level studies) | 1 |
| Second year (Bachelor/1st level studies) | 2 |
| Third year (Bachelor/1st level studies) | 3 |
| Fourth year (Bachelor) | 4 |
| Fifth year (only medical students) | 5 |
| Sixth year (only medical students) | 6 |
| During Master's | 7 |
| During doctorate studies | 8 |
| During residency | 9 |
| Other (Please specify) | 10 |
| Difficult to say | 99 |

Q10. How many times did this unwanted episode of sexual harassment by the same abuser (group of abusers) occur?

| | |
|----------------------|---|
| One time | 1 |
| Two times | 2 |
| Three times and more | 3 |
| Difficult to say | 8 |

Q11. Did you report this experience?

| | | |
|------------------|---|---------------------|
| Yes | 1 | Goes to Q 13 |
| No | 2 | Goes to Q 12 => Q18 |
| Difficult to say | 8 | Goes to 18 |

Answered by those who marked "No" in Q11

Q12. Please mark the most important reason(s) why you did not make the report?

Not more than 3 answers possible

| | |
|--|---|
| I was afraid of the consequences | 1 |
| I was afraid of the abuser | 2 |
| I handled it on my own | 3 |
| I didn't want others to know about it | 4 |
| I blamed myself for what happened | 5 |
| Someone talked me out of it | 6 |
| I didn't know who to report it to | 7 |
| I didn't believe anything would be done about it | 8 |
| I was ashamed | 9 |

| | |
|--|----|
| The abuser had high status and influence | 10 |
| Other (Please specify) | 11 |
| Difficult to say | 99 |

Q13. Mark, what encouraged you to report the harassment?

| | |
|--|---|
| Because of a personal sense of justice | 1 |
| A desire to prevent similar cases | 2 |
| Support from friends | 3 |
| Support from family | 4 |
| Other (Please specify) | 5 |
| Difficult to say | 6 |

Q14. Please mark who did you report to? (Multiple answers are possible)

| | | |
|---|----|--------------------|
| The ethics commission of the educational institution | 1 | Goes to Q15 => Q17 |
| The rector of the educational institution | 2 | |
| The dean of your faculty | 3 | |
| A professor/lecturer you trust | 4 | |
| The student council | 5 | |
| The lawyer at the educational institution | 6 | |
| The psychologist at the educational institution | 7 | |
| Other students/ faculty members/ employees of the educational institution | 8 | |
| The Ombudsman's Office | 9 | Goes to Q17 |
| The police | 10 | Goes to Q16 => Q17 |
| Other (Please specify) | 11 | Goes to Q17 |
| Difficult to say | 99 | Goes to Q18 |

Q15. How do you evaluate the complaint review process at the educational institution?

| | Strongly agree | Somewhat agree | Somewhat disagree | Strongly disagree | Difficult to say |
|--|----------------|----------------|-------------------|-------------------|------------------|
| There is publicly available information on where to report sexual harassment cases | | | | | |
| The complaint handling process is clearly described/ was explained in a clear manner | | | | | |
| The complaint review process was quick | | | | | |
| Complaint review process was understandable | | | | | |
| The complaint review process ensured confidentiality | | | | | |
| The process resulted in a clear outcome | | | | | |

Q16. How do you rate the police reporting process?

| | Strongly agree | Somewhat agree | Somewhat disagree | Strongly disagree | Difficult to say |
|--|----------------|----------------|-------------------|-------------------|------------------|
| Information on where to report sexual harassment cases is publicly available | 1 | 2 | 3 | 4 | 8 |
| The complaint handling process is clearly described/ was explained in a clear manner | 1 | 2 | 3 | 4 | 8 |
| The complaint review process was quick | 1 | 2 | 3 | 4 | 8 |
| Complaint review process was understandable | 1 | 2 | 3 | 4 | 8 |
| The complaint review process ensured confidentiality | 1 | 2 | 3 | 4 | 8 |
| The process resulted in a clear outcome | 1 | 2 | 3 | 4 | 8 |

Q17. Please mark, what were the consequences of the report? Multiple answers are possible!

| | |
|--|---|
| There were no consequences for the abuser/abusers | 1 |
| A warning/reprimand was issued to the abuser/abusers | 2 |
| The abuser/abusers were expelled | 3 |
| The abuser/abusers were suspended from work | 4 |
| The abuser/abusers retaliated against me | 5 |
| Other (Please specify) | 6 |
| Difficult to say | 8 |

Well-being and psychological aspects

Q18. Did you experience any of the following factors after the incident?

| | Yes | No | Difficult to say |
|--------------------------|-----|----|------------------|
| Anxiety, panic | 1 | 2 | 8 |
| Depression | 1 | 2 | 8 |
| Sleep disorders | 1 | 2 | 8 |
| Difficulty concentrating | 1 | 2 | 8 |
| Increased stress levels | 1 | 2 | 8 |
| Reduced self-confidence | 1 | 2 | 8 |
| Problems socialising | 1 | 2 | 8 |
| Feeling vulnerable | 1 | 2 | 8 |
| Feeling defenceless | 1 | 2 | 8 |
| Anger | 1 | 2 | 8 |
| Aggression | 1 | 2 | 8 |
| Shock | 1 | 2 | 8 |
| Fear | 1 | 2 | 8 |
| Shame | 1 | 2 | 8 |
| Guilt | 1 | 2 | 8 |

Q18.1. Please write any other effects you felt after the incident:

Q19. Please rate the extent to which the sexual harassment has affected your:

| | Affected very negatively | Affected rather negatively | Affected rather positively | Affected very positively | No impact | Difficult to say |
|-----------------------------------|--------------------------|----------------------------|----------------------------|--------------------------|-----------|------------------|
| Emotional well-being in long term | 1 | 2 | 3 | 4 | 5 | 8 |
| Physical health | 1 | 2 | 3 | 4 | 5 | 8 |
| Academic/professional performance | 1 | 2 | 3 | 4 | 5 | 8 |
| Trust in other people | 1 | 2 | 3 | 4 | 5 | 8 |
| Social life | 1 | 2 | 3 | 4 | 5 | 8 |

Q20 ask if D1 = 1, 2, 3 (students)

Q20. To what extent do you agree with the existing statements:

| | I fully agree | Rather agree | Rather disagree | Strongly disagree | Difficult to say |
|--|---------------|--------------|-----------------|-------------------|------------------|
| I have changed my academic plans because of sexual harassment | 1 | 2 | 3 | 4 | 8 |
| Sexual harassment has negatively affected my willingness to attend certain courses or lectures | 1 | 2 | 3 | 4 | 8 |

Q21. To what extent do you agree with existing statements about the negative impact on relationships in the academic environment:

| | I fully agree | Rather agree | Rather disagree | Strongly disagree | Difficult to say |
|---|---------------|--------------|-----------------|-------------------|------------------|
| The sexual harassment incident has had a negative impact on my relationship with the teaching staff | 1 | 2 | 3 | 4 | 8 |
| The sexual harassment incident has had a negative impact on my relationship with students | 1 | 2 | 3 | 4 | 8 |
| The sexual harassment incident has had a negative impact on my relationship with other employees of the educational institution | 1 | 2 | 3 | 4 | 8 |

Q22. Did you seek psychological help/support after this incident?

| | | |
|-----|---|-------------|
| Yes | 1 | Goes to Q23 |
| No | 2 | Goes to Q24 |

| | | |
|------------------|---|-------------|
| Difficult to say | 8 | Goes to Q24 |
|------------------|---|-------------|

Ask if Q22 = "Yes"

Q23. Please mark where did you go for psychological help/support? Multiple answers are possible!

| | |
|---|---|
| The psychologist at the educational institution | 1 |
| A private psychologist | 2 |
| A support group (outside the educational institution) | 3 |
| Friends/aquaintances | 4 |
| Family | 5 |
| A crisis centre/call to a crisis line | 6 |
| Other (Please specify) | 8 |
| Difficult to say | 9 |

Social support and the role of friends

Q24. Did you discuss the sexual harassment incident with trusted individuals in the environment of the educational institution? (student to student, faculty member to colleagues, staff to staff or faculty members)

| | | |
|------------------|---|-------------|
| Yes | 1 | Goes to Q25 |
| No | 2 | Goes to Q26 |
| Difficult to say | 8 | Goes to Q26 |

Q25 if Q24 = "Yes"

Q25. Please mark what was their reaction, behaviour? Multiple answers are possible!

| | |
|--------------------------------------|---|
| Provided emotional support | 1 |
| Suggested not to report the incident | 2 |
| Suggested to report the incident | 3 |
| Helped to contact support services | 4 |
| Were indifferent | 5 |
| Shamed me | 6 |
| Laughed at me | 7 |
| Other (Please specify) | 8 |
| Difficult to say | 9 |

Q26. Would you be willing to share your experiences with others to help raise awareness and prevent sexual harassment?

| | |
|------------------|---|
| Yes | 1 |
| Rather yes | 2 |
| Rather no | 3 |
| No | 4 |
| Difficult to say | 8 |

Defending your rights

ANSWERED BY ALL RESPONDENTS

Q27. If you were to encounter an incident of sexual harassment in the academic environment in the future, where would you first seek help and support in connection with the case of sexual harassment? There are several possible answers!

| | | |
|---|----|-------------|
| The ethics commission of the educational institution | 1 | Goes to Q29 |
| The rector of the educational institution | 2 | |
| The dean of your faculty | 3 | |
| A professor/lecturer you trust | 4 | |
| The student council | 5 | |
| The lawyer at the educational institution | 6 | |
| The psychologist at the educational institution | 7 | |
| Other students/ faculty members/ employees of the educational institution | 8 | |
| The Ombudsman's Office | 9 | Goes to Q28 |
| The police | 10 | |
| A private lawyer | 11 | |
| A private psychologist | 12 | |
| Friends | 13 | |
| Family | 14 | |
| Other (Please specify) _____ | 15 | |
| Wouldn't look for help anywhere | 16 | Goes to Q28 |
| Difficult to say | 99 | Goes to Q29 |

Q28. Please mark what would stop you from seeking help and support in the case of sexual harassment in the academic environment? Multiple answers are possible!

| | |
|--|---|
| I believe that nothing would change | 1 |
| I believe that the situation could be directed against me | 2 |
| I don't believe that the educational institution would be objective when handling the complaint | 3 |
| I don't believe that the educational institution would be sufficiently effective during the complaint review process | 4 |
| My reputation would be ruined | 5 |
| It would be psychologically hard to continue my studies | 6 |
| Other (Please specify) | 7 |
| Difficult to say | 8 |

YOU ARE NEAR THE END OF THE SURVEY, ONLY 7 QUESTIONS REMAINING!

Q29. To what extent do you agree with these statements about the availability of information in sexual harassment cases in the educational institution?

| | Definitely agree | Rather agree | Rather disagree | Definitely disagree | Difficult to say |
|---|------------------|--------------|-----------------|---------------------|------------------|
| There is a necessity for publicly available information on where to report sexual harassment cases in the educational institution | 1 | 2 | 3 | 4 | 8 |
| There has to be an option to inform about sexual harassment cases as part of the course evaluation at the end of each semester | 1 | 2 | 3 | 4 | 8 |
| The educational institution must provide an option for anonymous reporting | 1 | 2 | 3 | 4 | 8 |

| | | | | | |
|---|---|---|---|---|---|
| The reporter must always provide their name/last name | 1 | 2 | 3 | 4 | 8 |
|---|---|---|---|---|---|

Q30. To what extent do you agree with these statements about the process of handling sexual harassment complaints in the educational institution?

| | Definitely agree | Rather agree | Rather disagree | Definitely disagree | Difficult to say |
|---|------------------|--------------|-----------------|---------------------|------------------|
| The educational institution should not handle complaints about sexual harassment in the academic environment | 1 | 2 | 3 | 4 | 8 |
| There should be a specially appointed person of trust in the educational institution who can help with and explain the reporting and handling process of the complaints, but doesn't represent the victim | 1 | 2 | 3 | 4 | 8 |
| The victim must be provided with an opportunity to choose their own person of trust who would help during the process of submitting and handling complaints in the educational institution but doesn't represent the victim | 1 | 2 | 3 | 4 | 8 |
| The educational institution must provide a lawyer who can help the victim during the process of handling the complaints in the educational institution | 1 | 2 | 3 | 4 | 8 |
| The complaint handling process must be fast (no longer than four months) | 1 | 2 | 3 | 4 | 8 |
| The complaint handling process should last as long as it takes to establish the facts and reach a decision | 1 | 2 | 3 | 4 | 8 |
| Information about the sexual harassment case can be available only to a limited number of people (confidentiality) | 1 | 2 | 3 | 4 | 8 |
| Information about the sexual harassment case has to be distributed in the educational institution as a warning to others | 1 | 2 | 3 | 4 | 8 |
| The complaints must be reviewed by staff members who are educated about sexual harassment cases | 1 | 2 | 3 | 4 | 8 |

| | | | | | |
|---|---|---|---|---|---|
| Complaints can be reviewed by anyone involved in the handling process | 1 | 2 | 3 | 4 | 8 |
|---|---|---|---|---|---|

Q31. How safe would you feel if in the future you had to report sexual harassment cases in the environment of the educational institution to the educational institution itself or to the student council?

| | |
|------------------|---|
| Safe | 1 |
| Rather safe | 2 |
| Rather unsafe | 3 |
| Unsafe | 4 |
| Difficult to say | 8 |

Questions on education and training

Q32. What do you think would improve awareness of sexual harassment and its prevention in the academic environment? Multiple answers are possible!

| | |
|---|---|
| More (or regular) educational events | 1 |
| Improved access to information on support resources | 2 |
| Stricter institution policies and penalties for offenders | 3 |
| Better infrastructure (lighting, cameras) | 4 |
| Other (Please specify) | 5 |
| No additional measures are required | 6 |
| Difficult to say | 8 |

Q33. Have you participated in any sexual harassment and safety seminars, or training offered by the educational institution?

| | | |
|--|---|-------------|
| Yes | 1 | Goes to Q34 |
| No and I don't want to | 2 | Goes to Q35 |
| No, as there are none offered, but I would like to participate | 3 | |
| Difficult to say | 8 | |

Ask if Q33 = "Yes"

Q34. In your opinion, how useful were these seminars or training sessions on sexual harassment and safety?

| | |
|-------------------|---|
| Very useful | 1 |
| Rather useful | 2 |
| Rather not useful | 3 |
| Not useful | 4 |
| Difficult to say | 8 |

Q35. If you would like to provide information on any aspects of sexual harassment that were not covered in this survey, please mention them here:

Please enter: _____

To conclude

Thank you for your time!

If you have been a victim of sexual harassment in an academic environment and have not reported it, please do not remain silent and report it to the Ethics Committee of the educational institution or report it to the Latvian Students' Association. (<https://www.lsa.lv/vajag-palidzibu>).

Together we are on the path to a safe and respectful academic environment for everyone!